



The Potter's House of Ruth

ADDICTION RECOVERY & DISCIPLESHIP MINISTRY

“PHASE TWO” - PROGRAM GUIDELINES

(60-90 days)

Process

- Phase Two of The Potter's House of Ruth uses biblical steps Four, Five, and Six and focuses on taking responsibility and allowing the Holy Spirit to create wholeness and change in the resident's life.
- Each resident will discuss their ongoing schedule of fixed appointments with staff. Special passes and activities that may raise questions should be discussed and approved as needed.
- All residents are required to attend and participate in the curriculum established for Phase Two. Disruptive behavior will not be tolerated. While most meetings last an hour, a teacher has the prerogative to keep residents longer at times. In addition the staff may plan special meetings or focuses that require a longer commitment from time to time.
- All residents will be required to have a meeting to review progress and address areas of struggle or needed healing; both spiritually and relationally at least once per week. Residents will continue with weekly counseling sessions as deemed appropriate by the counselor.
- Residents will begin job searching within several weeks before the transition to Phase Three. This may include participation in Careerlink programs designed for those who are transitioning to the community with a record. Day shift is preferred in order to facilitate attendance at mandatory meetings. Night Shift is the second preference. Once obtained, the resident is to be a responsible and respectful employee. Jobs should not be quit before discussing it with their Personal Support Team and preferably having already obtained a new job. A minimum of two weeks' notice should be given.
- Resident's will continue to develop their "Personal Goal Plan" to move toward a "Next Steps Plan" necessary for graduation of the program. This will be done with the case manager and/or director of the program.
- The Next Steps Plan outlined in the Personal Growth Template is the instrument used to determine if a resident is ready for graduation. . While the resident has input, the Personal Support Network and staff have the ultimate recommendation for this decision.

Discipleship

- The Potter's House of Ruth believes that a life transformed by Jesus Christ is the key to success in life. For this reason every resident will commit to a discipleship relationship within the program.
- Each resident will commit to a daily personal devotional time including study, prayer, meditation and worship. A personal journal logging spiritual growth will be kept.

- Each resident will attend and actively participate in Celebrate Recovery each week.
- Each resident will attend and actively participate in Sunday worship services and associated church meetings and events.
- Each resident will agree to participate in an active personal coaching relationship with a staff member and meet regularly with a professional counselor to work through past issues and strongholds
- Each resident is to form a Personal Support Team to guide them in making key decisions and provide encouragement and support. A key member of this team is a personal Mentor that walks very closely with the resident.

Recovery

- The Potter's House of Ruth believes that recovery from addiction is a vital process and must be approached intentionally and with a Christ-centered approach. For this reason every resident will commit to an intentional recovery program.
- Each resident will obtain a Christian sponsor and actively work through the 12 Steps in a Christian context.
- Each resident will be subject to random drug and alcohol screening to provide a safe and healthy environment for all; conducive to a commitment to recovery and a growing relationship with Christ. Refusal to submit to a test is considered a positive test. Two hours is the limit for producing a sample. Violations may result in dismissal.
- Each resident commits to integrity in their own recovery and in the recovery of others in the program. A deliberate attempt to modify or fake a drug test or to assist another in this process is a serious violation and may result in expulsion from the program.
- All medications; prescription and non-prescription taken by any resident must be reported to the director and approved for use in this program. Addictive medications are not permissible in this Discipleship Program. Life sustaining and other medications are acceptable under a doctor's care, but should not be taken to the degree that they hinder participation in the Potter's House program. Medications are to be stored in a locked box with only the resident and staff knowing the combination. Necessary restricted medications must be kept in the office. Under no circumstance may a resident share a medication with another resident.

Student Life

- All "Phase Two" residents must maintain a cooperative and respectful relationship with all staff members and maintain wholesome relationships with all other residents in the program. Respectful behavior includes but is not limited to refraining from profane language, respect for personal space and belongings and interactions. Any disputes must come to a peaceful resolve and follow the Matthew 18 formula of progressive involvement. Ultimately they are to be brought to staff for final resolution. Absolutely no violence will be tolerated and will be grounds for immediate dismissal.

- All residents must respect the privacy of other student's dwelling areas, bedrooms, marked food in the pantry or refrigerator. All program donated food is freely accessible to all residents and may not be stored in personal rooms. These items are community property and may not be taken out of the house upon leaving.
- All bedrooms must be kept in a neat and orderly fashion. Residents should make their bed upon waking up. Bedrooms are for sleeping only, not for watching videos, doing program work, sleeping during the day, lying around or isolating.
- All residents are subject to random drug and alcohol screening to provide a safe and healthy environment for all, conducive to a commitment to recovery and a growing relationship with Christ. Refusal to submit to a test is considered a positive test. Two hours is the limit for producing a sample. Violations may result in dismissal.
- All media must be consistent with a Christian program and will be subject to review by staff before entering the house. Media must be PG 13 or lower and should not contain sexually explicit, drug related or violent material. Any objectionable media brought into the house will be disposed of and the offender will be asked to study and report on related scripture.
- All residents will be assigned a bi-weekly chores to be accomplished in a timely manner and checked off as completed by the house manager.
- Each resident is responsible for their own laundry. Laundry room is located on the lower level. Laundry is to be done in a timely fashion and clothing should not be left in the washer or dryer for extended periods of time in order to respect the need for all students to have use of the facility.
- Evening meals will be shared corporately in the dining room. Each resident will have a turn at preparing a meal each week. Those not cooking are to pitch in to do dishes and clean up. Other meals may be made individually and each resident is responsible to immediately clean up dishes/pans used.
- Boyfriend relationships are not permitted during this time of development in the lives of the students. This is to be a time to focus solely on ones relationship with Jesus Christ and the grounding of oneself in that relationship and in their recovery. residents who are married when joining the program may make special arrangements for seeing family with increasing frequency as graduation nears.
- Visitation with family must be pre-approved by staff and will typically take place on Saturday afternoon between 1:30 pm and 4:30 pm and require that family members/visitors participate in an addictions focused family day workshop prior to the visit and potentially a family group following the visit. Visitors will remain in the upper level living room or on the patio. The living room powder room may serve as a restroom for guests. Residents may not sit in cars with guests and may not have visits apart from the above stated approval process.

Commitment

- Admission to The Potter's House of Ruth is voluntary and each person is expected to invest fully in the program, trusting the staff for judgment regarding length of stay and completion of goals. This includes abiding by all guidelines for the safety and positive growth of every resident.

- Failure to follow the guidelines will result in consequences of increasing severity depending on attitude of resident and severity and/or frequency of the infraction. Consequences may include higher levels of restriction, loss of privileges, study/journaling assignments, suspension or expulsion from the program.
- Serious violations include but are not limited to any illegal drug or alcohol use, manipulating or helping another to manipulate the outcome of a drug/alcohol test, bringing illegal drugs, alcohol or an unreported prescription into the house, violent or aggressive behavior, possession of a firearm or other weapon, withholding of finances without permission, disruptive behavior and repeated infractions or defiance to staff or program expectations.
- All residents agree to participate in the Potter's House Financial Management Plan. This involves turning all income in to the Director and working with a personal financial plan for spending and saving.
- A key component of growth is the development of personal leadership skills. Each resident will be given opportunities for both self and group leadership. Helping others in the program will provide very positive growth in meeting one's own goals.

